

WELCOME!!

WE'RE GLAD YOU'RE HERE!

We welcome each of you to our worship services today.

SUNDAY SCHOOL CLASSES & TEACHERS

Blackburn Education Building

Nursery (Infant to Pre-K): Rm. 102 - Claire Davis,
Topanga Dumm, Hailey Matthews, Alicia Gannon

Sunday School

Adult Classes

Transforming Lives Class: 2nd Floor, Room 202

Sanctuary Building

Adult Classes

Pathfinders Bible Study Class: Chapel, Michelle
Newton

Hardison Discussion Class: 2nd Floor, Dave
Williams, various class members



Want to receive our weekly
newsletter? Scan the QR code
or call the office at 252-237-6121

FIRST UNITED METHODIST CHURCH
100 Green Street NE
Post Office Box 1423
Wilson, North Carolina 27894-1423

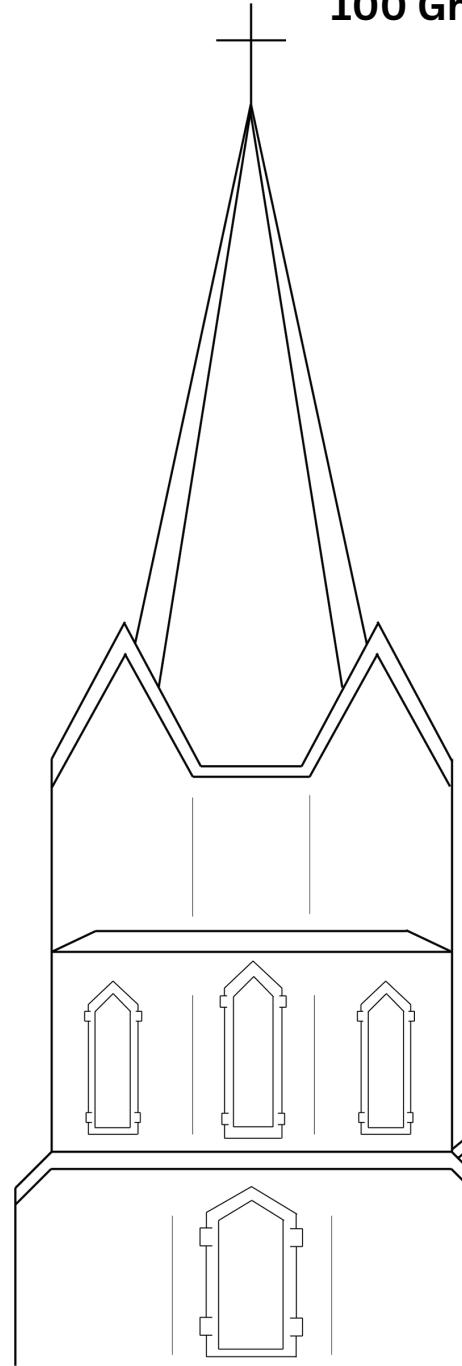
First United Methodist Church

**100 Green St., NE, P. O. Box 1423
Wilson, NC 27894**

The Reverend Mike Frese, Senior Pastor
Dr. William M. Presnell, Pastor Emeritus
The Reverend Robert E. Bergland, Pastor Emeritus
Mr. David Bellows, Director of Traditional Music Ministries
Ms. Blythe Evans, Contemporary Worship Leader
Mrs. Hannah Bland, Director of Children and Family Ministries
Mr. Tiler Bland, Director of Youth Ministries
Mrs. Lindsey O'Neill, Church Secretary
Mrs. Lorie Daniel, Director of Weekday School
Mrs. Fran Stafford, Financial Secretary
Mr. Boris Farmer, Custodian

Church Office Hours
Monday-Friday 9:00 a.m. - 5:00 p.m.

Phone Numbers
252-237-6121 Office
252-291-4588 Weekday School
252-237-0699 FAX
www.fumcwilson.org



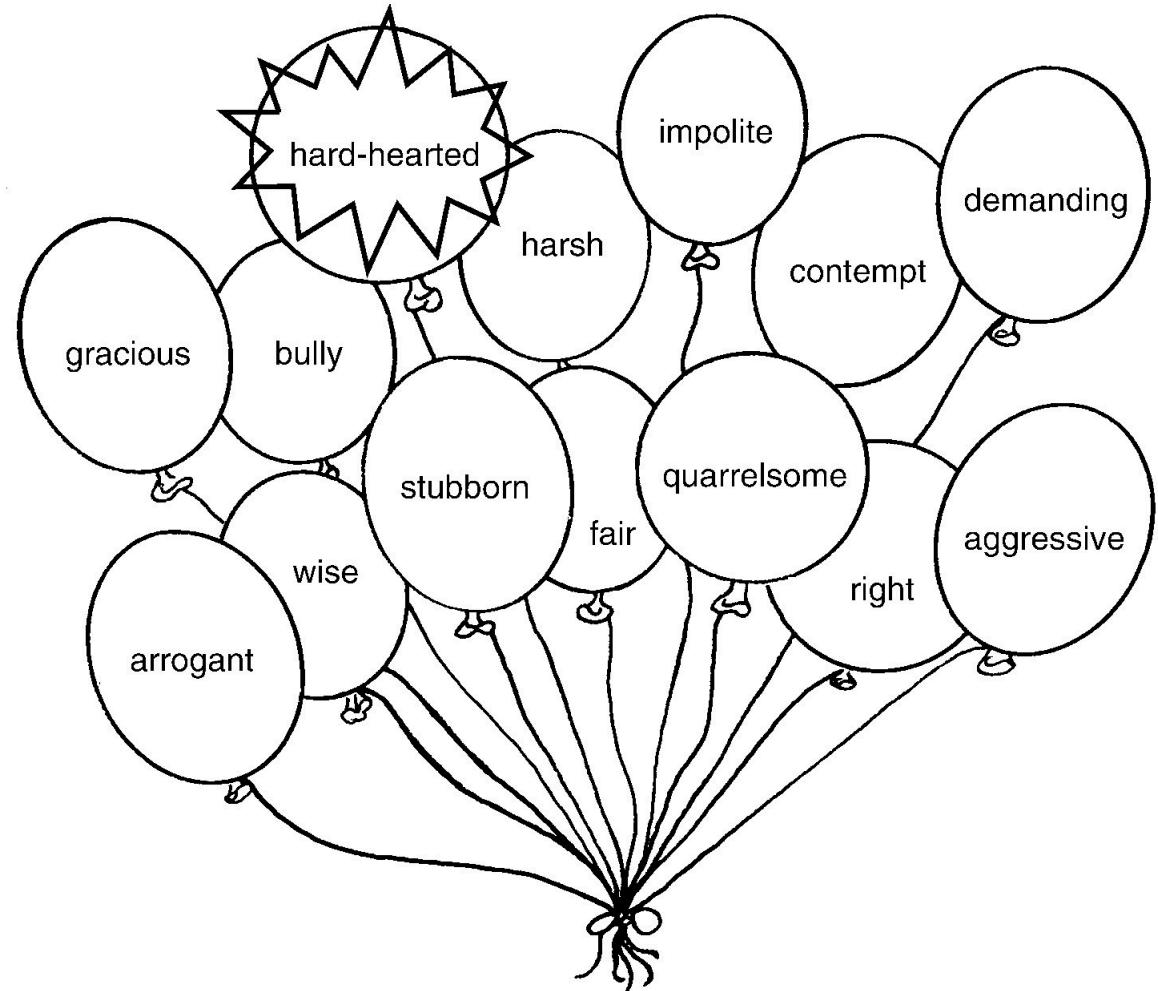
“Invite, Inspire, Ignite”

**January 18, 2026
Second Sunday after the
Epiphany
Human Relations Day**

Instructions and Messages from Paul

Paul reminded the Colossian believers how they should act toward other people.

Draw a burst to pop every balloon with a word that contains 2 of the same letter. See the example below.



WELCOME VISITORS!

We are so glad you've joined us!
Please scan the QR code so we can connect with you!



FUMC Kids Volunteer Celebration Dinner — This Wednesday, January 21 at 6:30 p.m.! We can't wait to honor all of our incredible volunteers who make our Children's Ministry possible! If you serve with Green Street Kids or teach Sunday School, please plan to join us. RSVP by scanning the QR code.



Flowers for 2026: If you would like to remember or honor a loved one by putting flowers in the chancel for the 11:00 a.m. worship service for 2026, please email Lindsey (lindseyoneill@fumcwilson.org) with the date you'd like to reserve or call the front office (237-6121.) **1st Quarter Dates Available:** February 15, March 1, 8, 15, 22, & 29.

Parent-Daughter Dance — February 7! Join us for a fun evening on February 7 from 6-8 p.m.! Cost is \$20 for the first parent-daughter pair and \$5 for each additional daughter. This year, we are only accepting payment at the door via cash, check, or Venmo. Refreshments will be provided. Register by scanning the QR code.



Confirmation Information: Registration is open for this year's Confirmation class. If you have a child in the 7th grade or older that has never been confirmed and is interested in doing so this year, please contact Tiler at tilerbland@fumcwilson.org.

Special Sunday: This Sunday is Human Relations Day. See insert for more information and how to make a donation!

MUSIC MINISTRIES

Children's Choir will not meet for rehearsal this week.

Handbell Choir will not meet for rehearsal January 19.

Chancel Choir will meet for rehearsal on January 21 at 6:30 p.m. in the Choir Suite.

Do you read music? If "YES", we need you in the handbell choir. The New Year is great time to consider joining this group. Reach out to David Bellows, Director of Traditional Music Ministries for more information. David's email: davidbellows@fumcwilson.org

CALENDAR OF EVENTS

SUNDAY, JANUARY 18

9:00 Contemporary Worship Service - Asbury Hall
10:00 Adult Sunday School Children/Youth Small Groups - Sanctuary Building and Blackburn
11:00 Traditional Worship Service - Sanctuary

MONDAY, JANUARY 19

*Weekday School Closed
Church Office Closed*

TUESDAY, JANUARY 20

*Weekday School Enrollment Open For 26-27
8:30 Weekday School - Blackburn Building
10:00 Staff Meeting - Conference Room
6:30 SPRC Meeting - Conference Room*

WEDNESDAY, JANUARY 21

*8:30 Weekday School - Blackburn Building
6:30 Chancel Choir Rehearsal - Choir Suite
6:30 Kids Volunteer Celebration Dinner - Asbury Hall*

THURSDAY, JANUARY 22

*8:30 Weekday School - Blackburn Building
6:30 Praise Band Practice - Asbury Hall*

FRIDAY, JANUARY 23

*8:30 Weekday School - Blackburn Building
Youth Lock-in*

SATURDAY, JANUARY 24

*Youth Lock-in
1:00 Paul Balsbaugh's Funeral - Sanctuary and Asbury Hall*

LOOKING AHEAD...

February 1: Youth Sunday

February 4: First Wednesday Night Dinner Resumes

February 6: Men's Prayer Breakfast

February 7: Parent-Daughter Dance

February 8: Boy Scout Sunday with Carolina Brass

February 18: Ash Wednesday

March 20: Organ Concert

March 29: Palm Sunday & Easter Egg Hunt

June 15-19: Vacation Bible School

From the Pastor . . .

Life is a gift. Each day is a gift from God, worthy of celebration and to be used wisely. That was the first lesson from our January sermon series, "Marking Time." Last Sunday, we reflected on Jesus' promise, "I have come that they may have life and have it abundantly." The full life that Jesus offers is not an abundance of things, but a depth of existence. Intimacy with God, close friends, serving others and finding peace through forgiveness are all markers of the abundant life. As we embrace the time we are given, investing in these components of life makes our days rich and filled with meaning.

Certainly, content matters, but the pace at which we live out our days also determines our spiritual well-being. When it comes to the tempo of our existence, it is easy to get caught in one of two traps: either we step out of the "rat race" and live in complacency or we sprint through our days in exhaustive activity. One path ignores the big questions of life. The other confuses busyness with meaning. What if there is a third way? What if we could split these polarities and find a rhythm of life that attends to things that really matter without surrendering to a hectic lifestyle?

Jesus' public ministry was accomplished in 3 years. Yet, the gospels do not present him as hurried in life. He took time away from his work to be refreshed physically, mentally, and spiritually, but he did not withdraw from the world. Sunday's sermon will reflect both on Jesus' life and biblical teachings that offer a rhythm of life that is sustainable and spiritually viable. Beyond complacency that chooses not to engage in life or busyness that brings scattered focus and exhaustion is intentionality. On Sunday, we will reflect on these 3 tempos of life and how intentionality can bring order to our days and fulfillment to our spirits.

Mike Frese

UPHOLDING OUR VOWS TO THE CHURCH BY OUR PRAYERS

Remember those in hospitals, retirement and rest homes, and the sick and shut-ins with prayers, cards, calls, and visits.

Presented for baptism at the 11:00 a.m. worship service this morning is **Sophie Mae Womble**, daughter of Brad and Kinsey Womble. The proud grandparents are Billy and Nancy Owens and George and Brenda Womble.

BY OUR PRESENCE

The following numbers represent our in-person and livestream numbers for Sunday, January 11, 2026:

9:00 am Worship Service

In-Person - 113 Online - 56

11:00 am Worship Service

In-Person - 135 Online - 54

Total In-Person Attendance - 248

Total Online Worship Attendance - 110

Sunday School - 42

Sunday Evening Programming - 51

BY OUR GIFTS

The budget for 2026 is pending.

Offering Received Jan. 11, 2026 \$9,801

BY OUR SERVICE AND OUR WITNESS

FUMC Weekday School Enrollment for 2026-27:

Enrollment is OPEN to First UMC members! To request the enrollment link or for more information, please contact Lorie Daniel at loriedaniel@fumcwilson.org. Enrollment opens to the public on Tuesday, January 20 at 7:00 am, so please enroll early! We offer classes for children age 1 through kindergarten in a nurturing, faith-based environment with low class sizes and caring, highly qualified teachers. All classes are half-day with after-school care until 3:30 pm for PreK and Kindergarten students through our Foundation Kids partnership with the Wilson YMCA.

The First Methodist Women will have their board meeting on Monday, January 26 at 11:30 a.m. in the Conference Room.

Youth Lock-in: Our youth program is hosting a lock-in for all middle and high school students from 7:00 p.m. on Friday, January 23rd, until 7:00 a.m. on Saturday, January 24th. This will be an exciting event featuring nonstop games, crafts, and activities, including dedicated game and spa rooms as well as a focus on worship. If you are interested in serving as a chaperone or volunteering in another capacity, please contact Tiler.

The Worship of God

9:00 a.m. Contemporary Worship Hour

Second Sunday after the Epiphany

Human Relations Day

Gathering of God's People

CORNERSTONE BETTER IS ONE DAY

Praise Band

Sharing in Song

Welcome and Announcements

Children's Moments

First Lesson

Psalm 90:1-12

Praise Band

Morning Prayer

Special Music

REST ON US

(Please sign and pass the attendance pad)

WORD FOR THE DAY

Colossians 4:2-6

Morning Message

"Living Intentionally"

Reverend Mike Frese

Closing Song

GRATITUDE

Praise Band

Sending Forth

Sound Operator: Bill Bass
Video: Ed Reel

Reader: Susan Barnes
Greeters: Bruce and Jessica Miller

We are so grateful to all who give of their time and talents to our Praise Band. Thank you for leading in worship and for your ministry to our church!

The Worship of God

11:00 a.m. Traditional Worship Hour
Second Sunday after the Epiphany
Human Relations Day

Please let the first note of the prelude be a call to silent meditation.

PRELUDE

“Récit de Tierce en Taille”

N. DeGrigny

WELCOME AND ANNOUNCEMENTS

+HYMN NO. 117

“O God, Our Help In Ages Past”

ST. ANNE

+AFFIRMATION OF FAITH

I believe in God, the Father Almighty, maker of heaven and earth,
and in Jesus Christ, His only Son our Lord,
who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, dead, and buried;
the third day He rose from the dead;
He ascended into heaven, and sitteth at the right hand of God the Father Almighty;
from thence He shall come to judge the quick and the dead.
I believe in the Holy Spirit, the holy catholic church,
the communion of saints, the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.

+HYMN NO. 71

GLORIA PATRI

GREATOREX

HANDBELL CHOIR

“Day by Day”

*Given to the Glory of God and in honor of
Fran Williams by FUMC Handbell Choir*

A. L. Page

SACRAMENT OF BAPTISM

UMH 39

CHILDREN'S MOMENTS

FIRST LESSON

Psalm 90:1-12

OT pages 547 & 548

PASTORAL PRAYER

PRESENTING OUR TITHES AND OFFERINGS

Please sign and pass the attendance pads.

OFFERTORY ANTHEM **“Lord, Thou Hast Been Our Dwelling Place”**

C. Schalk

+HYMN NO. 95

DOXOLOGY

OLD 100th

+PRAYER OF DEDICATION

SECOND LESSON

Colossians 4:2-6

NT page 202

MORNING MESSAGE

“Living Intentionally”

Reverend Mike Frese

+HYMN NO. 672

“God Be With You Till We Meet Again”

GOD BE WITH YOU

+DISMISSAL WITH BLESSING

+A TIME OF SILENCE AND TRINITY CHIMES

POSTLUDE

“Fanfare”

J. Lemmens

+++++

+Those who are able, please stand.

The flowers in the chancel are given to the glory of God and in loving memory of Marguerite Newberry Abdallah by her family.

Participating with the clergy today:

Sound: Carrie Maravi

Reader: Jessica Satterfield

Video: Daniel Maravi

Greeter: Terri Mitchell

Prepare for Next Sunday: “Living a Legacy”

First Lesson: 2 Timothy 4:6-8

Second Lesson: Philippians 4:2-9